

Dr Merran Dyer

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Thank you for expressing interest in attending this practice. This letter gives relevant information, for your consideration. If you would still like to attend this practice, please return the attached sheet and we will place your name on our waiting list for new patients.

About this Practice

Merran is a General Practitioner who trained at Monash University, graduating in 1985. Merran worked in General Practices within Tasmania and received her Fellowship in General Practice in 1999. In the early 1990s, Merran began to explore the area of Nutritional and Environmental Medicine and qualified in this field in 1996. She established this practice in 2002, initially focusing on Women's Health, but over more recent years this has diversified and now include more specific protocols including bio-identical hormone replacement, weight management and mental health.

Services provided:

- General health assessment and management.
- Women's Health checks including breast examinations, pap smears, bone density testing and hormonal assessments
- Nutritional assessment and advice for existing health issues and healthy lifestyles
- Referral to other health care providers, eg counsellors, physiotherapists, medical specialists, as required.
- Weight management
- Assessment and treatment of mental health disorders according to the Walsh Institute Protocols
- Genetic profiling

Opening Hours

Usual hours are 9 am to 4 pm on Tuesdays, Wednesdays and Thursdays. Out of hours an answering machine is available – please leave a message and request a return call. Urgent matters are best attended through your own local doctor, ambulance or hospital.

First appointment

We are continually seeing new patients at this practice, as we have the capacity both for initial assessment and on-going care. We usually see one new patient each working day. There is sometimes a wait before a time becomes available for the first appointment. We allocate an hour to see a new patient.

In a first appointment, you are invited to explain your reasons for attending and the health outcomes you are seeking. We focus on your present health issues, past history, and review any available pathology or radiology. A pre-consultation health questionnaire can be filled in prior to attending or when you arrive. **Please come 15 minutes early if you need to fill it in on arrival.**

As part of a holistic health assessment, certain tests may be recommended. Costs for these tests will be explained as accurately as possible. These tests include:

- Pathology tests
- Radiology – X-rays, Ultrasound examinations, mammograms, bone density tests
- Hair mineral analysis
- Food sensitivity tests
- Hormonal assessments
- Genetic profiles
- Walsh protocols (Urinary pyrroles and blood histamine, blood metals)

Review and subsequent appointments for existing patients

The first follow-up appointment is usually scheduled so that tests ordered at the first appointment can be discussed and an initial management plan recommended. This plan often includes advice on diet, nutrition and exercise, and may include nutritional supplements, herbal medicines, conventional medications and bio-identical hormones (ie equivalent to those naturally produced in the human body). The initial review appointment is usually 30 – 45 minutes long.

Further appointments may be necessary to monitor and adjust treatment regimes, as indicated. These are usually 15 – 30 minute appointments. Ongoing prescriptions or management plans usually require at least annual review for monitoring.

Often a follow-up appointment is made at the time of the previous appointment. However, existing patients at this practice are welcome to contact us at any time for an appointment, and will be offered the first available or other suitable time. We do often have slots available the same day or week, so you can contact us at short notice. There is not the same waiting time for appointments once you have become a patient at this practice, as for an initial appointment.

As appointments are often made a few weeks in advance we do give a courtesy reminder where possible but it is your responsibility to contact us to cancel or reschedule an appointment if you are no longer available for your existing appointment.

If you are unable to keep your appointment, please advise us as soon as possible. Your cooperation in this will contribute to a more efficient service to all our existing patients and those on our waiting list.

Accounts will be sent for appointments cancelled after confirmation or within 24 hours of the appointment, or for failure to attend an appointment without notice. There is no Medicare rebate available for these accounts.

Fees

From 19th January 2017, the cost of an initial appointment is \$260.

Fees for subsequent appointments depend on the duration of the appointment. These are available on request.

A discount is given for payments made on the day of consultation. Payment may be made by cash, cheque or EFTPOS in the rooms, or direct debit.

Medicare rebates are available for most appointments (for example, medical reports are not included) but do not cover the whole cost of the consultation. A Tyro machine is available for reimbursement of the Medicare rebate.

Occasionally, for quick reviews, phone consultations are available. There is no Medicare rebate available for phone consultations.

Repeat scripts may be sent (unless due for review) at a cost of \$30.00.

Dr Merran Dyer

If you wish to have an appointment at this clinic, please return the following information via mail, fax or email.

Name:-----

Address:-----

Date of Birth:-----

Phone (H)-----

Phone (W)-----

Mobile-----

Email-----

Can we contact you during our work hours, and at which contact number?

Are you available at short notice, if we get a late cancellation?

What days or times are you available?

Tues 9.00 am - 12.00 noon

Tues 12.00 noon – 3.00 pm

Wed 9.00 am – 12.00 noon

Wed 12.00 noon – 3.00 pm

Thurs 9.00 am – 12.00 noon

Thurs 12.00 noon – 3.00 pm

Permission is given to contact Pathology/Radiology for past results.

Signed _____