# TELEHEALTH APPOINTMENT – Notes to prepare in advance

*Please take a few moments to prepare for your Telehealth appointment.*

*You can respond to the key questions by email (preferred) or have the information with you at the appointment.*

DATE:

Full Name:

Date of birth:

1 Contact Details

Please contact me via phone on this number:

I would like a video appointment.

Skype name:

Email:

Backup phone number:

 OR

2 Do you need to discuss results of any tests? PLEASE LET RECEPTION KNOW IMMEDIATELY.

3 COVID-19 screening questions

Have you had contact with a person who has tested positive for COVID-19?

Do you have any of the following: Shortness of breath, fever, cough, sore throat, headache, fatigue?

Do you think you may need to be tested for COVID-19?

4 What is your main reason for making this appointment?

5 Do you need a certificate, scripts, a referral, or requests for pathology or x-rays?

6 Please list any medications and supplements you are taking

7 Physical examination and indicators.

Heart rate, Blood pressure, temperature, weight and height if available.

If you think a photo would help, do email it through or request video appointment.

8 Further questions (if we have time to discuss)

**Check list**

1. Contact details for the appointment – phone, email, Skype name
2. Let reception know if any results are needed
3. COVID-19 screening questions
4. Reason for making the appointment
5. Any scripts, referrals, items that you need
6. List of any medications, supplements that you are taking
7. Physical checks - Heart rate, temperature, blood pressure, height, weight (if possible)
8. Any other questions?